

Virginia (Ginny) Belsan Lindsey

Virginia (Ginny) Belsan Lindsey died on May 25, 2026 in Charlottesville, Virginia, from complications related to Parkinson's disease. She was 82 years old.

Ginny was born on April 9, 1944 in New York City to Joseph and Rose Belsan. She remained a proud New Yorker all her life. She was educated in New York public schools. After high school, she attended Springfield College in Springfield, Massachusetts, where she graduated in 1965 with a B.S. in physical education. The following fall she began teaching physical education at the Jackson Elementary School in Jericho, Long Island, where she taught for the next 23 years. She saw her role as more than a coach. She wanted to teach children the joy of movement. During this period she earned a M.S. in education from Hofstra University.

In 1988 she married Gordon Lindsey whom she had met at church. When Gordon's company relocated to Dallas, Texas, they also made the move. They lived in Dallas for the next 17 years. During these years, Ginny held a number of jobs, all related to health education. They included positions with the American Lung Association, the YWCA, the Indian Health Service, and the Methodist Hospital. In 1998, she earned a Ph.D. in health education from Texas Woman's University, writing a dissertation on sexual harassment among women health workers.

After Gordon's retirement, they moved to Charlottesville, Virginia, in 2006. In the years following, Ginny continued her service in health and exercise education, focusing on the senior citizen community. Her service included positions with JABA and The Colonnades. She also earned a certificate in gerontology from Virginia Commonwealth University in 2009.

Ginny was the proverbial extravert, who lighted up the room with her humor and witty quips. She had a remarkable ability to make strangers feel quickly at ease and to start up conversations. Her off-beat views on life often startled us. At the same time, she had a deep compassion for those who had been marginalized or wounded in life. She took seriously her faith and identity as a Presbyterian Christian. She was never happier than on the ocean shore eating lobster and clams and frolicking in the surf.

Ginny is survived by Gordon, her husband of 38 years, by her sisters-in-law, Maggie Belsan, Linda Brown (and Jeff), and Karla Davies (and Ken), and by 12 nieces and nephews. She was preceded in death by her parents, her brother Joseph, her godmother Vera Lemp, and her beloved dog Duchess.

A memorial service will be announced at a later date. Memorial gifts may be made to:

First Presbyterian Church
500 Park Street
Charlottesville, Virginia 22902

or

Springfield College
263 Alden Street
Springfield, MA 01109-9987

Or

Madison Avenue Presbyterian Church
921 Madison Avenue
New York, NY 10021