

# Frederick Charles Hondowicz

March 19, 1941 — January 8, 2026

Fred Hondowicz was born in South Orange, New Jersey to Peter and Ann Hondowicz. He was raised in Elizabeth and Avenel, graduating from Woodbridge High School and Rutgers University.

After graduating college, Fred served as an officer in the United States Air Force, principally in Libya and Dover, Delaware. Upon his Honorable Discharge with the rank of Captain, he was employed as a senior project manager in information systems with J.C. Penney for 38 years, starting in New York City and then in Plano, Texas after the company relocated their headquarters there in 1988.

Fred was happily married to his late wife, Joan for 52 years and raised his two sons, David and Brian in Edison, New Jersey. After retiring from J.C. Penney with Joan, they traveled extensively, both domestically and abroad, including trips to New Zealand, Australia, China, Italy, Canada, and Spain.

As a son, a brother, a husband, a father, grandfather, uncle and friend, Fred strove to live every moment with dignity and respect for everyone who crossed his path. Taking great comfort in his Catholic faith, he endured the loss of family and friends with grace and continually strove to help those less fortunate than himself. His example was an inspiration to all who had the honor of knowing him, most especially his sons, his daughter-in-laws, Rebecca (of Silver Spring, Maryland) and Audrey (of Redmond, Washington) and his grandson, Matthew (of Redmond, Washington).

Fred received the Last Rites and the Holy Eucharist the day before passing into our Lord's hands.

In addition to his sons, grandson and daughter-in-laws, Fred is survived by his sister-in-law, Linda, his nephews Douglas Luden and Darren Kucab and his niece Jacqueline.

**A Memorial Mass will be held on Wednesday, January 28, 2026 at 11 a.m. in the church.**

The Memorial Mass was livestreamed at the following link: <https://youtube.com/live/5lcl1flacR8?feature=share>